



Aquinas College

Fair Play Charter

Good sport is about positive attitude.
Play your part - play fair.

To the best of my ability I will:

- 1.** Undertake to uphold the principles of good sportsmanship and fair play
- 2.** Devote my best to both training and competition.
- 3.** Observe the written and the unwritten rules of my sport.
- 4.** Treat my opponents in the same manner in which I would like to be treated.
- 5.** Respectfully acknowledge the decisions of the officials.
- 6.** Bear both victory and defeat with humility.
- 7.** Remember to thank my coach, the officials, the opposition and supporters.
- 8.** Remember that we are all capable of making mistakes.
- 9.** Be ready to help someone in need, even if I put my own victory at risk by doing so.
- 10.** Represent my College positively at all times through my words and actions on and off the field.