



# Aquinas College

# ***Learning at Home***

## ***Expectations for Students***

### **Introduction**

- First and foremost, we must all accept the situation.
  - We must accept that things are going to be different. How long is unknown.
  - We must accept that our learning progress is contingent upon our productivity at home. Manage your time carefully.
  - Your teachers will create an environment to support your learning, but you must commit to your studies to facilitate ongoing progress.
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### **1. Stick to a routine**

- Get up and get dressed as you would usually do.
- Throughout the day, your teachers will be available to support you with your work.
- Your learning will not follow the regular timetable, but you must keep to routines.

### **2. Commit to a remote learning environment**

- Check your College email/Google Classroom/ Microsoft Teams every day. Any new work will be posted by 10:00am.
- If a teacher is unwell or unavailable, this will be communicated to students through Mrs Jeftha, Assistant Principal Pastoral Care by email.
- Make a plan for how you will manage your learning and follow it.

### **3. Set up a workspace**

- Find a space at home that you can set up as a good work environment. Make sure that it is comfortable and somewhere you can work without distractions.
- Turn off your mobile phone when focusing on learning.

### **4. Manage your wellbeing**

- Work in 30-45 minute chunks. Take regular breaks, get fresh air and exercise, drink water and eat as well as you can. Make sure you have some variety in your day. Make space for creativity and device-free time.

### **5. Support each other**

- Many of us need someone to help us to stay on track. Perhaps one of your family or whānau might check in with you to make sure you have a work plan, or maybe you and another student in your class could check in with each other. It is crucial to set up good work habits and set yourself up for managing screen time.

## Getting help from your teachers

While your teachers will be available during their normal school day to support you with your learning, do not expect them to respond straight away. Be patient. Teachers have a guideline to respond within 24 hours.

Your teachers will let you know which platforms they will use for your learning. This might include, but is not limited to Google Classroom, Microsoft Teams, OneNote and Education Perfect. Some may set a time for an online meeting using Google Meet or Microsoft Teams.

It is expected that you will seek help if you need it. In the first instance, contact your classroom teacher. Then, if required, refer your concern to the appropriate Leader of Learning:

<b>Religious Education</b>	Mrs Monique Harris	mharris@aquinas.school.nz
<b>English and Languages</b>	Ms Karen Guise	kguise@aquinas.school.nz
<b>Mathematics</b>	Ms Katy Thorne	kthorne@aquinas.school.nz
<b>Science</b>	Mrs Ange McManaway	amcmanaway@aquinas.school.nz
<b>Physical Education</b>	Mr Richard Watson	rwatson@aquinas.school.nz
<b>Social Sciences</b>	Mr Shane Turner	sturner@aquinas.school.nz
<b>Arts</b>	Mrs Kelly Saunders	ksaunders@aquinas.school.nz
<b>Technology</b>	Mr Pete Nicholson	pnicholson@aquinas.school.nz
<b>Y7/8</b>	Mr Shem Banbury	sbanbury@aquinas.school.nz