



## Year 10 Rotorua Camp December 2019- Parent letter

Dear Parents & Caregivers,

Please find below information and the organisation details for the 2019 Year 10 camp. The camp will be based at the Blue Lakes Camping ground in Rotorua. Activities will take place in and around the area. The dates are:

### Monday 2<sup>nd</sup> December – Thursday 5<sup>th</sup> December

The camp is based around the objectives of Team Work, Leadership and Communication – TLC. Each of the activities (White water rafting, Mountain Biking, Tramping, problem solving etc) are designed to develop the student's use these skills and reward those who show great TLC. The students will be split into Group A and B. This will be done at school in the weeks leading up to camp.

	Group A	Group B
<b>Monday 2<sup>nd</sup> Dec</b>	White Water rafting – Kaituna River Set up camp Base camp	Lake Tarawera tramp to Hot Water Beach Set up outcamp
<b>Tuesday 3<sup>rd</sup> Dec</b>	Mountain Biking & The Great Aquinas Challenge	Return boat trip: Hot Water Beach to The Landing
<b>Wednesday 4<sup>th</sup> Dec</b>	Lake Tarawera tramp to Hot Water Beach Set up outcamp	Mountain Biking & The Great Aquinas Challenge
<b>Thursday 5<sup>th</sup> Dec</b>	Return boat trip: Hot Water Beach to The Landing Bus to Aquinas College	White Water rafting – Kaituna River Bus to Aquinas College

Both groups will complete the same activities which I am sure will prove to be very successful as they offer an exciting yet challenging experience for all students.

The cost of the camp per student is \$250.

Mr Dalton, Mr Roberson (Y10 Dean) and myself see this as an extremely valuable experience. However, if a student is unable to attend camp an alternative programme will run back at school. Those students not attending camp will be required to attend normal school for the four days.

There is some inherent risk associated with these types of activities. Every effort will be made to manage those risks during this EOTC Activity. In planning this trip staff have followed the current best practice procedures according to the Aquinas College EOTC Guidelines. In addition the Mountain Biking, Tarawera Boat trip and Rafting activities are run by qualified guides. Students can assist this by ensuring that they are prepared correctly, follow instructions and support staff and other students on the activity.

I have attached to this letter three pieces of information.

**1. Description of activities.** A detailed description of each activity that the students will be doing at the camp.

**2. Gear list.** Please check the list carefully and start to get equipment organised. Over the coming weeks I will be talking to students at level assemblies about the equipment needed and showing them what they need to bring to be comfortable and safe. There will be a gear check at school before students leave for the camp on the first day. Please note that students are not to bring cell phones to camp.

**3. Health & Consent forms.**

Please complete these forms and returned to the school office as soon as possible. There are separate forms to be completed for the White Water Rafting and the Mountain Biking. In accordance with the safety management policies of these companies students need to complete the separate consents for these activities. All of the forms need to be returned to the school office by **Monday 25<sup>th</sup> November**.

**Payment**

The \$250 is now payable to the school office in an envelope clearly marked with the student's name & tutor class. Alternatively online payments can be made to the following account 02 1210 0011888 00. Please include your child's name and Y10 Camp in the reference.

Please make contact with Mrs Mary Walton in the school office to discuss any concerns you may have regarding payment as financial assistance may be available. The final date for payment is **Monday 25<sup>th</sup> November**.

If you have any questions about the camp please contact myself at the College on 543 2400 ext 244 or [rwatson@aquinas.school.nz](mailto:rwatson@aquinas.school.nz)

A copy of this letter is also on the school website [www.aquinas.school.nz](http://www.aquinas.school.nz)

Regards



Richard Watson  
Year 10 Camp co-ordinator.

## *Details of the activities*

### *Mountain Biking*

The Mountain Biking activity will take place in the Whakarewarewa Forest on the southern outskirts of Rotorua which contains some of the best Mountain Biking tracks in New Zealand. Students will be divided into groups based on their level of experience and spend approximately 2 ½ hours discovering the tracks. Each group will be accompanied by a guide. See <http://www.planetbike.co.nz/>

### *White Water Rafting*

The Kaituna river flows through an extremely steep and narrow canyon, with 14 awesome drops, including two waterfalls and some great rapids. They will experience possibly the world's highest commercially rafted waterfall at 6-7 metres. This will be a unique and amazing experience for all. Please remember that a separate consent form needs to be completed for this activity. Check out their website [www.rotorua-rafting.co.nz](http://www.rotorua-rafting.co.nz)

### *The Great Aquinas Challenge*

This involves each group of eight students competing against other groups for the much sought after prize of being crowned The Great Aquinas Challenge champions for 2018. The actual tasks remain a secret until the day but it's fair to say that students will be getting wet and muddy and the group that displays the best teamwork will be very competitive.

### *Tramping*

Students will walk the newly opened Tarawera trail. This is a 15km tramp starting near the Buried Village to Hot Water beach on Lake Tarawera. At Hot Water beach students will set up their tents and be responsible for cooking their own dinner. Cookers and cooking equipment is supplied to each group. The return trip to The Landing is by boat. Check out <http://www.totallytarawera.com/>



## *Aquinas College Year 10 Camp Gear List*

It is **ESSENTIAL** that each student has all the items on this list.

### **Camping (for both Blue Lake Holiday park and Hot water Beach)**

- Sleeping bag                      preferably reasonably compact
- Sleeping mat                      closed cell foam mat or therm-a-rest
- Tent                                      This is to be shared with 2 – 3 students  
( **No large family camping tents** the tent sites are not big enough and 10 children in one tent makes for a very sleepless night!!)

### **Clothes**

- Togs and towel.
- Activity clothes                      1 x Fleece top  
   2 x thermal Bottoms ( Long johns)  
   2 x thermal Tops  
   Waterproof raincoat  
   Shorts (light & easy drying)  
   2 x pair woollen socks
- Sturdy footwear                      strong & broken in with good grip (to get wet)
- Around camp                              clothes should be warm eg fleece or woollen pants & top,  
   slip-on shoes, warm socks, puffer jackets
- All students to bring a container of home baking

### **Outcamp**

- Tramping pack. This needs to be at least 65 litres.
- Warm thermal clothing ( No cotton )
- Each group will need to organise their own food for outcamp. Please note the cooking facilities will be limited. The students will have time to organise this with their group at school prior to the camp.

### **Other**

- Sunscreen & cap
- Hat & gloves
- Torch - with spare batteries
- Water bottle
- Daypack
- Toiletries - essential items only
- Utensils - mug, plate, bowl, knife, fork, spoon
- Snack foods - Muesli bars, scroggin, only.
- Large Plastic bag for wet clothes

### **First day of camp.**

- All students to bring a packed lunch for Monday 2<sup>nd</sup> December including water bottles

Please note that **NO** Energy drinks are allowed on the camp. In the past students have been drinking them at night and therefore it makes the task of getting them to bed and asleep challenging.

**2019 Aquinas College Year 10 Rotorua Camp**  
**HEALTH & CONSENT FORM**

Student name: \_\_\_\_\_

**Health Information:**

Circle correct answer

1. Does the student have to take any medication? YES NO  
If yes, please specify: \_\_\_\_\_

*It will be assumed that the student will be carrying all the appropriate medication and is competent in its administration.*

☐

*Tick the box if the student in your care needs assistance with their medication. List medication, administration times, amounts and other details on the reverse of this form.*

2. Does the student suffer from an allergy or disability? YES NO  
If yes, please specify: \_\_\_\_\_

3. Would the student be limited, in any way, in taking part in these activities? YES NO  
If yes, please specify: \_\_\_\_\_

4. Has the student had an anti-tetanus injection in the last five years? YES NO

5. Is the student allergic to penicillin? YES NO

6. Has the student been in contact with an infectious disease in the last month? YES NO  
If yes, please specify: \_\_\_\_\_

7. Swimming ability Poor Average Good  
(Please circle)

Doctor's Name \_\_\_\_\_ Phone: \_\_\_\_\_

**Contact Details:** Please supply a contact number where you can be contacted during the trip.

Name: \_\_\_\_\_

Ph: \_\_\_\_\_ Mobile: \_\_\_\_\_

Alternative emergency contact person: \_\_\_\_\_

Ph: \_\_\_\_\_ Mobile: \_\_\_\_\_

**Consent & Conditions:** Please sign & return this form to the school office. The above information is true and accurate and I agree to the conditions of the trip.

**Parent / Caregiver:**

- I agree that the student in my care will abide by the school rules while on the camp.
- I agree that the student in my care will follow instructions given to them by the staff in charge.
- I give staff the authority to arrange and administer if necessary, any medical treatment for the student in my care.
- After discussion with parents I give staff in charge the authority to arrange any travel home, for the student in my care, at my expense should it be required for reasons of ill health or discipline.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

**Student:**

- I agree to follow normal school rules while on this trip.
- I agree to follow directions of teachers and adults while on this trip.
- I will act in an appropriate and reasonable manner while on this trip.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



## Risk Consent Form

Name:

Best contact (mobile):

School / Group:

Date(s) of activity:

For use in conjunction with any Mountain Bike Activity information received.

**Note:** This is not a disclaimer. Planet Bike takes all reasonable practicable steps to eliminate or minimise all real risk associated with Mountain Biking.

- I am familiar with and accept responsibility for understanding the many risks associated with Mountain Biking.
- I know I am able (or have encouraged my son/daughter) to ask any questions of Planet Bike, or the individual instructor to gain a better understanding of the activity and its associated risks.
- I know I am responsible (or have motivated my son/daughter) to follow any instructions given by the instructor in relation to significant hazards or risks, including wearing appropriate attire. We understand that if my or my son/daughters' behaviour falls outside of instruction or advice, we acknowledge that we do so at our own risk or harm.
- I have disclosed complete and accurate details regarding medical, physical, psychological, behavioral or other information.
- I authorise Planet Bike and associates to instigate any reasonable medical assistance and treatment required during an incident.
- I consider that I am or my son/daughter is physically and mentally able to sustain the level of exertion and duration of activity.
- I understand I may be charged for any lost or damaged items belonging to Planet Bike.
- I understand that my personal effects are not covered by Planet Bike's insurance policy while Mountain Biking.
- I understand that if at any time during the activity I, or my Son / Daughter are under the influence of alcohol, drugs or other substances Planet Bike has the right to stop my further participation. I have no right for refund.

**I have received sufficient information on Mountain Biking and am happy to consent for my child to participate.**

**I agree to the above conditions of my / my child's participation.**

**I acknowledge that my Group Leader / Teacher In Charge will coordinate with Planet Bike in regard to this consent.**

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent / Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(if under 18)

## Rotorua Rafting Waiver of Liability and Release

### Rotorua Rafting Waiver of Liability and Release

On either 2<sup>nd</sup> or 5<sup>th</sup> of December 2019 as part of the Aquinas College Y10 camp I am going rafting on the Kaituna River.

"I understand that White Water Rafting is an adventure activity with a degree of risk that increases with the grade of rapid and that Rotorua Rafting can not guarantee my safety"

"I am not under the influence of any drugs or alcohol have impaired ability in anyway".

"I understand that I am required to inform my guide of any medical conditions that may affect my safety whilst rafting"

MUST BE OVER 18 TO SIGN OR HAVE LEGAL GUARDIAN

I have read the above in full and accept that Rotorua Rafting and its staff will not be held accountable for any loss, damage or injury including death, disability, personal injury or loss of personal property. This exclusion is subject to any rights or remedies you may have under the Consumer Guarantees Act 1993.

Name of child: \_\_\_\_\_

Age: \_\_\_\_\_

Parents Signature \_\_\_\_\_

Date \_\_\_\_\_

Further information can be found at <https://www.rotorua-rafting.co.nz/>

